

# ARES STANDARDIZED TRAINING PLAN TASK BOOK

NAME: \_\_\_\_\_ CALL: \_\_\_\_\_ LICENSE CLASS: \_\_\_\_\_

HOME GROUP: \_\_\_\_\_ DATE: \_\_\_\_\_

<b>ARES® TRAINING LEVEL</b>			
<b>Level 3</b>			
Level 3 prepares the participant to take on ARES Team leadership roles in his/her ARES group or section. <b>R = Required, O = Optional, E = Encouraged</b>			
TASK	R-O-E	COMPLETION DATE	EC or DEC Sign Off
<b>Education</b>			
IS-120.c - An Introduction to Exercises*	R		
IS-230.d - Fundamentals of Emergency Management*	R		
IS-235.c - Emergency Planning*	R		
IS-240.b - Leadership & Influence*	R		
IS-241.b - Decision Making & Problem Solving*	R		
IS-242.b - Effective Communications*	R		
IS-244.b - Developing & Managing Volunteers*	R		
IS-288.a – Role of Voluntary organizations in Emergency Mgt*.	R		
IS-2200 - Basic Emergency Operations Center Functions*	R		
ARRL EC-016 Public Service & Emergency Communications Mgt*	R		
SKYWARN Advanced Training Class (Biennially)	O		
PR-101 – Public Information Officer Training (EC-015)	O		
AUXCOM Course	O		
ICS-300 - Incident Command System for Expanding Incidents**	O		
ICS -400 - Advanced Incident Command System**	O		
<b>Comment:</b> * Required for those seeking/holding leadership positions. These individuals should also hold a General Class (or higher) Amateur license. ** Participants are encouraged to complete the FEMA courses ICS-300 and ICS-400 when they become available locally.			
<b>Participation</b>			
Net Participation (Once per Quarter)	R		
Public Service Event Participation (Annually)	R		
Simulated Emergency Test or Exercise Participation (Bi-Annually)	R		
Serve as Net Control	R		
<b>Comment:</b>			
<b>Leadership</b>			
Present a training session	R		
Hold/held a leadership position in a group	R		
Hold a General Class License or higher	O		
Participate in PIO activities (PR-101 Qualifies)	R		
EC-001 Course Instructor/Mentor	O		

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HOME GROUP: \_\_\_\_\_ DATE: \_\_\_\_\_

<b>Comment:</b>			
<b>Proficiency/Skill</b>			
Proficient in using ICS forms	R		
Operate VHF Digital messaging station in Peer-to-peer mode	R		
Operate HF Digital Mode Messaging Station	R		
Program Tone into HT	R		
Program frequency & offset into radio	R		
Demonstrate cross band repeat on Mobile Radio (UHF→VHF)	O		

**Level 3 Completion Record**

The listed tasks for the Level 3 having been completed, dated and initialed indicate successful completion of all the tasks required of the ARES® Communicator for the level 3.

\_\_\_\_\_ The individual is recommended as certified for this level.

\_\_\_\_\_ The individual is in need of additional training as indicated below. (Optional)

Date: \_\_\_\_\_ EC or DEC \_\_\_\_\_

Comments: \_\_\_\_\_

NAME: \_\_\_\_\_ CALL: \_\_\_\_\_ LICENSE CLASS: \_\_\_\_\_

HOME GROUP: \_\_\_\_\_ DATE: \_\_\_\_\_

<b>ARES® SECTION/UNIT SPECIFIC TRAINING REQUIREMENTS</b>				
<b>ALL LEVELS</b>				
This page is for listing of additional tasks as may be required by ARES units for their specific needs.				
<b>R = Required, O = Optional, E = Encouraged</b>				
TASK	R <input type="checkbox"/> O <input type="checkbox"/> E <input type="checkbox"/>	LEVEL 1-2-3	COMPLETION DATE	EC Sign Off
<b>Education</b>				
Comment:				
<b>Participation</b>				
Comment:				
<b>Leadership</b>				
Comment:				
<b>Proficiency/Skill</b>				
Comment:				

**Attach Copy of FEMA/NIMS ICS Course Transcript Here:**